

### **Book description**

This book explores sexual and reproductive issues and their implication for the management of childbearing, STD and HIV/AIDS in an African community. The destabilisation of traditional African social institutions that provided support and maintained a balance between individuals, family and community has impacted negatively on reproductive health of both men and women. This change has also exposed them to dangers associated with sex. The author further discusses cultural perceptions and explanations of reproductive successes or failures and drawing on specific cases from the Akamba of Kenya, he shows that these notions are embedded in the Akamba theories of disease causation, health and wellbeing. The meaning of STD and HIV/AIDS infection to women is different from that of men and this calls for gender-specific prevention and management strategies. The book is recommended for scholars, students and researchers in sexuality, social and cultural aspects of health and illness in Africa.