# H.S.K. Mwaniki

categories and substance of

# TRADITIONAL SONGS AND DANCES

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H.S.K. Mwaniki





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| Mutuumu   |      |
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| Other kithuco songs                                       |      |
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| Karunguru mwetaga Ciundwiga ( <i>The mongoose you</i>     |      |
| daughter of Ndwiga)                                       |      |
| Riitho mugiria uvenua ( <i>The eye who prevents being</i> |      |
| Gitukia   |      |
| Mbeere yuragitwe atia (the Mbeere have been terribly      |      |
| Other Gitukia songs.                                      |      |
| Riitho (the eye)  |      |
| Muromonji (flatterer)                                     |      |
| Williamoniji (liatterer)                                  |      |

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|     | Mukundu ya ng'ombe greyish cow)   |      |
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|     | Ngundagirua kuuma (I'm given (honey-beer) because of being                      | /    |
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Categories and Substance of Embu Songs and dances is the first totally up-to-date account of the well endowed Embu Songs and dances. It is as a result of detailed examination of the Embu Cultural history and will undoubtedly interest every reader whether from an academic, practical or general point of view.

The songs and dances have been divided into various categories according to the occasions during which they were performed i.e. Initiation, working, entertainment, ritual, war, political, special occasions and adopted songs and dances. Each song has a very simple translation in English and self-explanatory notes and explanation. This book will be of special interest to sociologists, historians, students of religion, Music, ethics and a wide population of general readers.

Henry Stanley Kabeca Mwaniki was born at Embu in 1942. He was educated at Kibogi, Kianjokoma, Kamama and Kangaru Schools before proceeding to the University of Nairobi where he obtained an M.A. in history and a Diploma of Education. He has also published "The living history of Embu and Mbeere," Embu historical texts and Kiembu Ndai Nthimo. He is currently a Senior Lecturer, History Department, Kenyatta University.



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