



SOUTH EASTERN KENYA UNIVERSITY
UNIVERSITY EXAMINATIONS 2019/2020

**FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
EDUCATION**

**TPS 101: INTRODUCTION TO PSYCHOLOGY
MAIN CAMPUS**

DATE: 5TH DECEMBER, 2019

TIME: 8.30-10.30AM

INSTRUCTIONS: ANSWER QUESTION ONE AND ANY OTHER TWO QUESTIONS

QUESTION 1 (30 MARKS)

- a) Explain why psychology is considered as a true science (6 marks)
- b) Discuss three major fields of interest in the study of psychology (6 marks)
- c) Briefly explain the relevance of the studies in “Introduction to Psychology” in your career (10 marks)
- d) Using relevant examples discuss the following:
 - i. Positive reinforcement
 - ii. Negative reinforcement
 - iii. Punishment
 - iv. Extinction (8 Marks)

QUESTION 2(20 MARKS)

- a) Explain the following terms as related to personality (10 Marks)
 - Ego
 - Id
 - Super ego
- b) Discuss five major Freudian defense mechanisms exhibited by individuals (10 Marks)

QUESTION 3(20 MARKS)

- a) Using relevant examples, distinguish the terms Hallucinations and Delusions (6 marks)
- b) Explain the characteristic behaviors of a person who the following disorders
 - i. Antisocial personality disorder (4 Marks)
 - ii. Borderline personality disorder (4 Marks)

c) Explain three ways stigma affects treatment of people with mental disorders? (6 Marks)

QUESTION 4(20 MARKS)

- a) Discuss three reasons why people engage in behaviors that alter their consciousness (6 Marks)
- b) Outline four negative effects of using psychoactive drugs (4 Marks)
- c) Giving examples, explain how psychoactive drugs below alter the consciousness of the user (10 Marks)
 - i. Stimulants
 - ii. Depressants
 - iii. Opioids
 - iv. Hallucinogens

QUESTION 5(20 MARKS)

- a) Discuss five components that are important for creativity (10 Marks)
- b) A 8 year old child does as well as the average 10 year old child. What is the intelligence quotient (IQ) of the child? (2 Marks)
- c) Explain the negative effects of extreme and prolonged stress on health (3 Marks)
- d) Using relevant examples, explain cues of improving memory (5 Marks)